

# Burger King Nutritional Fact PDF with Pictures

Explore Burger King's tasty flame-grilled burgers for a delicious treat! Sink your teeth into the famous WHOPPER®, loaded with flavor and packing 600.6 kcal/2,513.1 kJ. Feeling extra hungry? Try the Double WHOPPER® with a hefty 839.5 kcal/3,512.4 kJ. And don't miss the Bacon Double Cheese XL, bursting with savory goodness at 909.7 kcal/3,806 kJ. With Burger King, every bite is a delight!

## Burger King offers a variety of items across categories:

- 1. Flame-Grilled Burgers
- 2. Crispy & Tender Chicken
- 3. Veggie & More
- 4. Sides
- 5. King Jr. Meals
- 6. Drinks & Coffee
- 7. Sweet Treats

## FLAME-GRILLED BURGERS NUTRITION



**WHOPPER®**

600.6 kcal / 2,513.1 kJ  
Contains: Wheat, Sesame, Celery, Gluten  
May contain: Milk, Eggs  
May contain via shared equipment: Soy



**Double WHOPPER®**

839.5 kcal / 3,512.4 kJ  
Contains: Wheat, Sesame, Celery, Gluten  
May contain: Milk, Eggs  
May contain via shared equipment: Soy



**Bacon Double Cheese XL**

909.7 kcal / 3,806 kJ  
Contains: Milk, Wheat, Sesame, Gluten  
May contain: Eggs  
May contain via shared equipment: Soy



**Steakhouse Angus**

792.6 kcal / 3,316.3 kJ  
Contains: Milk, Wheat, Mustard, Gluten  
May contain: Sesame  
May contain via shared equipment: Soy



### Farmhouse Angus

765.9 kcal / 3,204.3 kJ

Contains: Milk, Eggs, Wheat, Mustard, Gluten

May contain: Sesame

May contain via shared equipment: Soy



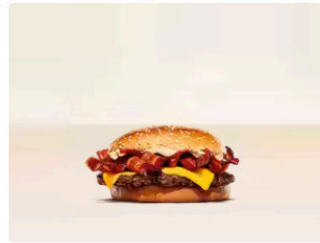
### Bacon Double Cheeseburger

439.5 kcal / 1,839 kJ

Contains: Milk, Wheat, Sesame, Gluten

May contain: Eggs

May contain via shared equipment: Soy



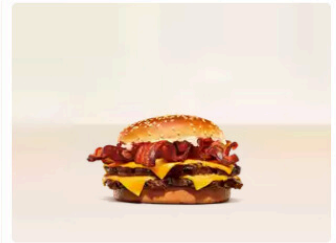
### Bacon King

729.5 kcal / 3,052.1 kJ

Contains: Milk, Wheat, Sesame, Celery, Gluten

May contain: Eggs

May contain via shared equipment: Soy



### Bacon King Double

1,042.8 kcal / 4,363 kJ

Contains: Milk, Wheat, Sesame, Celery, Gluten

May contain: Eggs

May contain via shared equipment: Soy



### Single Stacker

362.4 kcal / 1,516.1 kJ

Contains: Milk, Wheat, Mustard, Sesame, Gluten

May contain: Eggs

May contain via shared equipment: Soy, Celery



### Double Stacker burger

495.7 kcal / 2,074.2 kJ

Contains: Milk, Wheat, Mustard, Sesame, Gluten

May contain: Eggs

May contain via shared equipment: Soy, Celery



### Triple Stacker

629.1 kcal / 2,632.3 kJ

Contains: Milk, Wheat, Mustard, Sesame, Gluten

May contain: Eggs

May contain via shared equipment: Soy, Celery



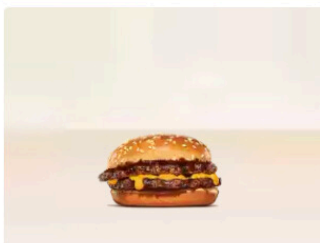
### Classic Cheese Melt

352.4 kcal / 1,474.6 kJ

Contains: Milk, Wheat, Sesame, Gluten

May contain: Eggs

May contain via shared equipment: Soy



### BBQ Double Melt

353.6 kcal / 1,479.6 kJ

Contains: Milk, Wheat, Mustard, Sesame, Gluten

May contain: Eggs

May contain via shared equipment: Soy



### Kids Hamburger

244.1 kcal / 1,021.1 kJ

Contains: Wheat, Sesame, Celery, Gluten

May contain: Milk, Eggs

May contain via shared equipment: Soy



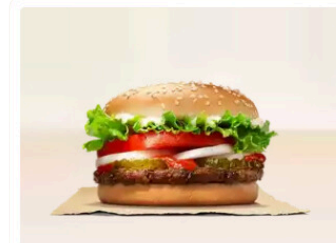
### Kids Cheeseburger

281.3 kcal / 1,176.9 kJ

Contains: Milk, Wheat, Sesame, Celery, Gluten

May contain: Eggs

May contain via shared equipment: Soy



### WHOPPER® Jr

300.6 kcal / 1,257.8 kJ

Contains: Wheat, Sesame, Celery, Gluten

May contain: Milk, Eggs

May contain via shared equipment: Soy

## CRISPY & TENDER CHICKEN



### Peppercorn Crispy Chicken

467.9 kcal / 1,957.8 kJ

Contains: Milk, Eggs, Wheat, Mustard, Gluten

May contain: Soy, Sesame, Celery



### Spicy Mayo Chicken Royale

596 kcal / 2,493.7 kJ

Contains: Eggs, Wheat, Sesame, Celery, Gluten

May contain: Milk, Soy, Mustard



### 6pc Doritos Tangy Cheese Chicken Fries

227.5 kcal / 951.9 kJ

Contains: Milk, Wheat, Gluten

May contain via shared equipment: Eggs, Soy, Mustard, Celery



### Steakhouse Crispy Chicken

637.6 kcal / 2,667.8 kJ

Contains: Milk, Wheat, Mustard, Gluten

May contain: Eggs, Soy, Sesame, Celery



### Chicken Royale

539.3 kcal / 2,256.5 kJ

Contains: Wheat, Sesame, Celery, Gluten

May contain: Milk, Eggs, Soy, Mustard



### Chicken Royale Bacon & Cheese

659.2 kcal / 2,757.9 kJ

Contains: Milk, Wheat, Sesame, Celery, Gluten

May contain: Eggs, Soy, Mustard



### 9 Nuggets

382.3 kcal / 1,599.6 kJ

Contains: Wheat, Mustard, Celery, Gluten

May contain via shared equipment: Milk, Eggs, Soy

## VEGGIE & MORE



### Vegan Royale

556.6 kcal / 2,328.8 kJ

Contains: Soy, Wheat, Sesame, Gluten

May contain: Milk, Eggs, Mustard, Celery, Sulphur Dioxide



### The Ultimate Bean Burger (Vegetarian)

622.8 kcal / 2,605.7 kJ

Contains: Milk, Wheat, Celery, Gluten

May contain: Sesame

May contain via shared equipment: Soy, Mustard, Sulphur Dioxide



### The Ultimate Bean Burger (Vegan)

584.9 kcal / 2,447.1 kJ

Contains: Wheat, Celery, Gluten

May contain: Milk, Sesame

May contain via shared equipment: Soy, Mustard, Sulphur Dioxide



### Plant-based WHOPPER®

541.8 kcal / 2,266.8 kJ

Contains: Soy, Wheat, Sesame, Celery, Gluten

May contain: Milk, Eggs

## SIDES NUTRITION FACT

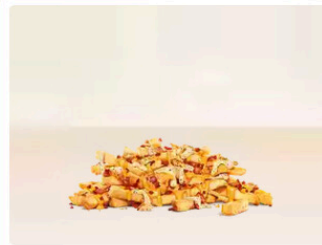


### Sharer Box

859.7 kcal / 3,596.9 kJ

Contains: Milk, Soy, Wheat, Celery, Gluten

May contain via shared equipment: Eggs, Mustard



### Peppercorn Loaded King Fries

594.7 kcal / 2,488.3 kJ

Contains: Milk, Eggs, Wheat, Mustard, Gluten

May contain via shared equipment: Soy, Sesame, Celery, Sulphur Dioxide



### 8pc Halloumi Fries

430.5 kcal / 1,801.3 kJ

Contains: Milk

May contain via shared equipment: Eggs, Soy, Wheat, Mustard, Celery, Gluten



### 6pc Doritos Tangy Cheese Chicken Fries

227.5 kcal / 951.9 kJ

Contains: Milk, Wheat, Gluten

May contain via shared equipment: Eggs, Soy, Mustard, Celery



### Loaded King Fries with Bacon

453.6 kcal / 1,897.9 kJ

Contains: Milk

May contain via shared equipment: Soy, Wheat, Mustard, Sesame, Celery, Gluten, Sulphur Dioxide



### Loaded King Fries

414.9 kcal / 1,736 kJ

Contains: Milk

May contain via shared equipment: Soy, Wheat, Mustard, Sesame, Celery, Gluten, Sulphur Dioxide



### 6 Chilli Cheese Bites\*

325.5 kcal / 1,361.9 kJ

Contains: Milk, Wheat, Gluten

May contain via shared equipment: Eggs, Soy, Mustard, Celery



### 9 Nuggets

382.3 kcal / 1,599.6 kJ

Contains: Wheat, Mustard, Celery, Gluten

May contain via shared equipment: Milk, Eggs, Soy



### 9 Onion Rings

337.2 kcal / 1,411 kJ

Contains: Wheat, Gluten

May contain via shared equipment: Milk, Eggs, Soy, Mustard, Celery



### Regular Fries

276.7 kcal / 1,157.5 kJ

May contain via shared equipment: Milk, Soy, Wheat, Mustard, Sesame, Celery, Gluten, Sulphur Dioxide

## KING JR. MEALS





### Kids Hamburger

244.1 kcal / 1,021.1 kJ

Contains: Wheat, Sesame, Celery, Gluten

May contain: Milk, Eggs

May contain via shared equipment: Soy



### Kids Nuggets

169.2 kcal / 707.8 kJ

Contains: Wheat, Celery, Gluten

May contain via shared equipment: Milk, Eggs, Soy, Mustard



### Kids Cheeseburger

281.3 kcal / 1,176.9 kJ

Contains: Milk, Wheat, Sesame, Celery, Gluten

May contain: Eggs

May contain via shared equipment: Soy

## DRINKS & COFFEE



### Coca-Cola

190 kcal / 795 kJ



### Sprite Zero

4.5 kcal / 18.8 kJ



### Fanta

86.4 kcal / 361.5 kJ



### Coca-Cola Zero

2.3 kcal / 9.6 kJ



### Diet Coca-Cola

1.4 kcal / 5.9 kJ



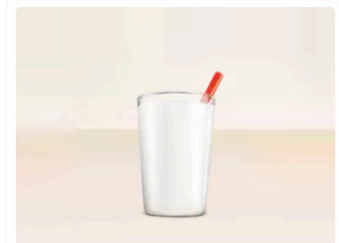
### Monster Original 500ml

235 kcal / 983.2 kJ



### Bottled Water

0 kcal / 0 kJ



### Semi-skimmed Milk

123 kcal / 514.6 kJ

Contains: Milk



### Tea

0 kcal / 0 kJ



### Cappuccino

149 kcal / 623.4 kJ  
Contains: Milk



### Hot Chocolate

144 kcal / 602.5 kJ  
Contains: Milk



### Americano

56 kcal / 234.3 kJ  
May contain via shared equipment: Milk



### Latte

160 kcal / 669.4 kJ  
Contains: Milk



### Flat White

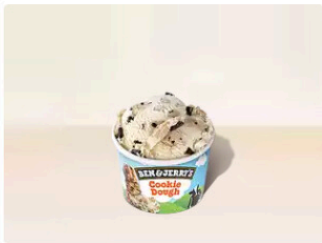
162 kcal / 677.8 kJ  
Contains: Milk



### Espresso

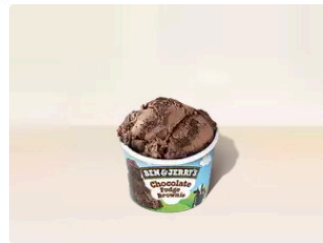
56 kcal / 234.3 kJ  
May contain via shared equipment: Milk

## SWEET TREATS



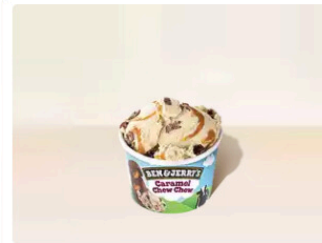
### Small Ben & Jerry's Cookie Dough

175 kcal / 732 kJ  
Contains: Milk, Eggs, Soy, Wheat



### Small Ben & Jerry's Chocolate Fudge Brownie

176.4 kcal / 738.1 kJ  
Contains: Milk, Eggs, Soy, Wheat, Gluten



### Small Ben & Jerry's Caramel Chew Chew

194.4 kcal / 813.4 kJ  
Contains: Milk, Eggs, Soy



### Oreo® Fusion

244 kcal / 1,021.1 kJ  
Contains: Milk, Soy, Wheat, Gluten

Checkout the complete [Burger King Menu Prices UK](#)

PDF by [Menu-Prices.co.uk](#)